

**Greetings. Our lesson this evening is concerning 'judgment.'**

How easily it becomes us to judge another human fellow. It is often tardy, or is instant. Often it is either growing or diminishing. Often judgment is deep-within – attitudinal; or, it is superficially attitudinal. Often are we tempted to judge at first sight. Often we are tempted to judge in relationships, judge actions, without knowing full intentions – or even worse, without full intention ourselves.

Judgment is a plague of misunderstanding. Judgment is the opposite of empathetic understanding. Judgment is error. If you can find your way past, through, or around judgments, toward understanding, you have gained very much. Understanding is the key to growth. Understanding ones' fellow mortals is the key to brotherhood and love.

Judgment stands before the door of understanding like an unwelcome centurion – he must be vanquished for you to enter this door. Judgment often springs from inner wounds and is often a cause of greater wounds. Judgment must be forsaken as a partner in your decision-making. Often our decisions are based on judgment – which is usually false (false perception) which causes errors in decision-making.

It is said that social justice requires many judgments, and so it does. However, being judgmental individually is error, always. Group wisdom must function for justice to arrive at approximation of true justice. Individuals cannot judge each other at all – these judgments cause error, cause emotional problems, cause sorrow and heartache.

Often are we judgmental in an 'off-the-cuff' type of manner. This is the most insidious type of judgmental-ism for it stems from preconceived ideas about people which are usually erroneous. Each person is individual and each individual must be treated with the maximum amount of 'benefit of a doubt' and the maximum amount of understanding. Especially in new relationships, you should take care not to be judgmental of superficial appearances.

These many long-held judgmental attitudes occurring throughout your world are a great barrier to brotherly love and peace. Attitudes are often deeply inset within personality patterns which have grown up over time and have been reinforced over this time-period. Racism is a form of this type of preconceived judgmental-ism of other human beings – which is practiced without knowing this person well; it is error and is a great cause of strife on your world. Recognize this error within yourselves and take action to correct this error.

Judgment can be imposed upon individuals by society, in groups, yes. Juries are an example of the correct way to find judgment against a wrong act. Justice is not by any means perfect on your world; you cannot expect complete justice here. Do not force your ideas of complete justice for they are erroneous to some degree or other. When individuals are forced into judgment battles (litigation's, etc.) there will inevitably be error in the outcome; one existing in this world cannot expect otherwise.

True justice is real and does exist, yes, indeed it does. However, when we are existing short of perfection then is justice reflected short of perfection also. In our ascension career, each realm has its own justice system. Each level of morontial/Mansion world progression has its justice system. These systems are very important and are essential for the happiness and harmony of the inhabitants of each world.

Your own justice system is very flawed and is in need of revision, with this higher understanding incorporated within it. The old law: "an eye for an eye, tooth for a tooth" is not practical; nor, is it serviceable to mankind. However one may feel that it is fair – it is not! Fairness must take into consideration: motives, intentions, etc. Justice cannot be blind to intentions, for then it becomes unfair.

What is the distinction between assessing a person's character and judging a person's character, we may ask?

**Our Teacher's answer.**

This is the essence of our lesson. Yes. Assessment of character of God-likeness is a part of living on this world. All humans living upon this world must see each other in the light of spirituality-attainment. This light may cast shadows of character flaws, instabilities, undependabilities, etc. How you interact, then, with these people, using your understanding, is the basis of living! All of life consists in interaction on various levels. The wise man distinguishes between assessment and judgment. Yes. Judgment implies a personal response toward a person, a negative judgment against a person. Assessment is the wisdom of knowing spiritual light; and, reacting within that light with a person – or, avoiding those without much spiritual light. It is the spiritual light within each person which will automatically give you the answer to dependability, uprightness, righteousness, and self-worth. This, however, is difficult to assess correctly and

completely; and each person must live with these assessments which are erroneous to a greater or lesser extent. It is not implying judgment, however.

In keeping with Father's will in regard to this healing process of one's anger that has been buried for a long time and which is coming to surface and needing to be addressed somewhere, but in an appropriate way – how can we go about accomplishing that, being conscious not to vent it on those around us, and yet, needing to deal with it?

**Teacher's answer:** Yes. Each person individually has to face these things alone – even if its awareness is gradually and carefully brought forth. Fear and anger are powerful emotions. Often these powerful up-surges of feeling, of confusion, of hurt and anger, are not able to be controlled in all situations. This is not to blame the person, no, for these very hard and deep wounds, are volatile; and those who are around the person experiencing these should be understanding of the sometimes-inappropriate outbursts of energy. Physiologically it is healthy and sound to approach this issue as one requiring 'kid gloves' for all concerned. Delicate and fragile are these hurt places. Understand, you are in complete forgiveness no matter what you feel. Do not feel guilty for feeling angry, hurt, or wounded. Do not feel the lesser for having being hurt, for all of God's children experience greater or lesser degrees of hurt and emotional trauma during life – you are not alone. Many sitting around you here understand these hurts. These deep lacerations within the heart are as a curtain – shielding. Many, many people do have and carry them, and wear these scars. But know, all is alright and is becoming whole again in time, becoming enabled to connect the present and the past. This whole person will not be shattered by these traumas in the end. There is goodness within yourself even behind these curtains. You are not good in front of this curtain and bad behind this curtain, no – you are 'good throughout.' Yes, you are good throughout! Look behind this curtain and find yourself again, the good person which you are. Find this in your memory and you will experience much healing.

How can we recognize the error of our judgments and regain balance and continue on?

**Teacher's answer:** Yes. Often these judgments are the products of our rearing so that they are automatic in our thinking; automatic from the way our parents, friends, or whomever, would think – and how they would react; we automatically repeat a pattern, something that they would say. An example that comes to mind is concerning another person making racist judgments; and we are influenced, especially when in our youth, to repeat these racist patterns. It is important to always remember that we have a lower subconscious mind which interjects these past learning ideas/patterns. The real way towards truth and wisdom lies beyond this level, toward the God-like level of the indwelling Spirit. Between these levels are many stairs. On each stair is there new awareness and understanding. Allow yourself to climb up a rung or two – then use that judgment, that wisdom, for your basis of interaction with another person; and do not allow old ideas and old patterns to surface and take over. They will surface - yes, but do not allow them to take over your entire attitude.

Would it be proper to say that when you start sharing an assessment with others that it then becomes judgment?

**Teacher's answer:** Yes and no. In sharing this assessment, you are perhaps reinforcing judgments which you have made, yes. However, if it is a discussion over an issue where another's character must play a part, there is essentially a sharing of assessments, which can be illuminating to both parties concerning a third; for each may have a different perspective and therefore widen each other's perspective of this person. This would not be considered judgmental.

Then the more accurately we assess, the greater the understanding? Is that right?

**Teacher's answer:** It is not possible to completely be accurate. Your understanding toward another is always limited, no matter how close you are to this person. Complete understanding is limited. It is not possible. Our complete understanding of ourselves is also limited. Impossible it is for complete understanding on this level of existence; and furthermore, for many many levels/existences hereafter. Paradise is the only place where one can claim complete personal awareness and understanding. So you see, there are the possibilities for misunderstanding all the way to Paradise. Therefore, how can one hope to have complete understanding on this level!

**To assessing with love and spirit insight, clarity. ~ the group at God Discovered**

**Questions to discuss:**

1. Where does assessment become gossip?
2. What do you think happens to your soul's growth with regards to judgment? Assessment?
3. How will this information change the way you choose to live your life?

Next week we will discuss **How To Spiritually Grow Week #50**